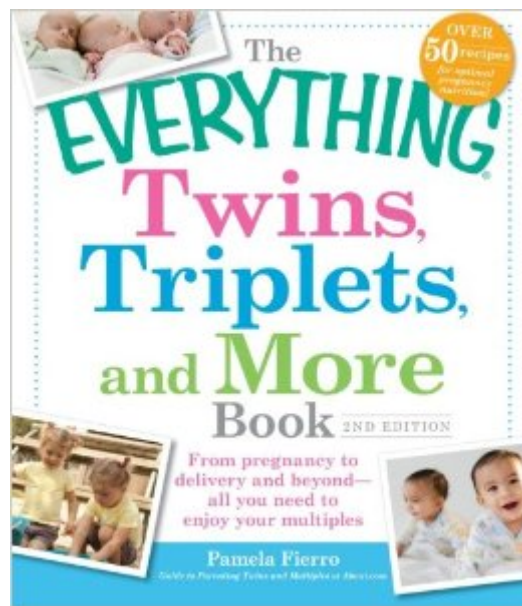


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# The Everything Twins, Triplets, And More Book: From Pregnancy To Delivery And Beyond--all You Need To Enjoy Your Multiples



## Synopsis

Everything you need to know, times two&#151;or three!It can be a surprise and even a shock to learn that you're not having just one baby, but two, three, or more! What you should expect? How should you prepare? In what ways will your life change?From what to anticipate during pregnancy and delivery to surviving those first sleepless nights&#151;you will find answers to all your pressing questions in this comforting and easy-to-access guide. Inside, you'll learn:What to expect during each trimesterHow to budget for extra expensesHow to set up your home for your precious new arrivalsThe trick to coordinating naptimes and feedingsWhat to eat while pregnant, with more than 75 recipes for ultimate nutrition As parents of multiples, your time is precious, so inside, you'll find quick chapter shortcuts that provide the most important advice at a glance. Make The Everything Twins, Triplets, and More Book, 2nd Edition your go-to guide for preparing your home and your life for this happy change&#151;so all you need to worry about is adoring your new bundles of joy!

## Book Information

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## Customer Reviews

This is a MUST for a new mother of multiples. It provided me with some really great ideas on how to raise my triplets with a sane mind. I bought this while I was pregnant and read it while I was on hospital bed rest for 6 weeks. I would highly recommend this book to a new multiples mom or father.

my daughter's triplets are now 10 months so I was really looking for helpful hints, tips to use now.

book primarily deals with before the birth not after so I was disappointed in the content, but perhaps that was my fault as the title does not suggest anything beyond delivery, which is when you could really use some (a lot) of help.

This book is very helpful indeed. Every pregnant woman who is expecting twins should read this book. I recommend it. :)

It was a good read. Not sure what I was expecting from this book but should be helpful for my daughter that just found out she is expecting triplets in the fall.

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